

Parenting Classes

What we will talk about...

Empathy

Anger - yours and your child's

Regulation tools

What nonviolence means

Supportive guidance

Fortnightly, Tuesday evenings at Raglan Community House.
7-9pm. Starts 13 Feb, \$5 per class.

Text Isabel 0273057638 or message Parenting with
Nonviolence Whaingaroa FB page.



Parenting with Nonviolence Whaingaroa